

Please read carefully and keep this package insert for future reference.

It is recommended that all eye care practitioners review this information with their patients.

BAUSCH + LOMB



Multi-Purpose Solution

HYDRATION PLUS

Directions: To condition, clean, disinfect and remove protein daily, complete these simple steps:

STEP 1: Place at least 3 drops of Biotrue® Hydration Plus Multi-Purpose Solution on each side of lens surface and gently rub for 20 seconds.

STEP 2: Thoroughly rinse each side of the lens for 5 seconds with Biotrue Hydration Plus Multi-Purpose Solution.

STEP 3: Place cleaned contact lenses in the lens case and fill with fresh Biotrue Hydration Plus Multi-Purpose Solution. Soak at least 4 hours. Remember to always use fresh solution – discard solution from lens case after each use.

Your lenses are now ready to wear. If any debris remains on contact lenses, rinse with Biotrue Hydration Plus Multi-Purpose Solution prior to insertion.

Always follow your eye care practitioner's instructions. Based on your individual tear chemistry and lens-wearing schedule, your eye care practitioner may recommend additional products or procedures.

If not wearing contact lenses immediately, store in closed lens case. Do not store your lenses in saline in place of Biotrue Hydration Plus Multi-Purpose Solution. Saline solution will not disinfect. Lenses may be stored in the unopened case until ready to wear, up to a maximum of 30 days. If you store your lenses for longer than 30 days, they must be

cleaned and disinfected with fresh Biotrue Hydration Plus Multi-Purpose Solution prior to lens insertion.

Contents: A sterile, isotonic solution that contains hyaluronan (HA), diglycine, erythritol, poloxamer 181, sodium citrate, boric acid, sodium borate, edetate disodium and potassium chloride, and preserved with a triple disinfectant system (polyaminopropyl biguanide 0.00005%, polyquaternium 0.00015% and alexidine 0.00025%).

Actions: When used daily, Biotrue Hydration Plus Multi-Purpose Solution dissolves protein and cleans, loosens and removes accumulations of film, debris and deposits from soft contact lenses. Biotrue Hydration Plus Multi-Purpose Solution helps prevent the formation of irritating deposits on the lens surface. It kills harmful microorganisms on the lens. While your lens is soaking, the formula envelops the lens in a moisture-rich cushion to help the lens remain comfortable throughout the day. Biotrue Hydration Plus Multi-Purpose Solution can also be used to rinse lenses.

Indications(Uses): Biotrue Hydration Plus Multi-Purpose Solution is indicated for use in the daily cleaning, conditioning, removing protein deposits, rinsing, chemical (not heat) disinfection, and storage of soft (hydrophilic) contact lenses, including silicone hydrogel contact lenses, as recommended by your eye care practitioner.

Contraindications (Reasons not to use): There are no known contraindications for use of Biotrue Hydration Plus Multi-Purpose Solution. However, do not use if you are allergic to any ingredient in this product.

WARNINGS: PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN CORNEAL INFECTION AND/OR ULCER AND LEAD TO LOSS OF

VISION. It is essential that you follow your eye care practitioner's directions and all labeling instructions for proper use and care of lenses and lens care products, including the lens case.

Eye problems, including corneal ulcers, can develop rapidly and lead to loss of vision. Daily wear lenses are not indicated for overnight wear and should not be worn while sleeping. Clinical studies have shown that the risk of serious adverse reactions is increased when these lenses are worn overnight. Extended wear lenses should be regularly removed for cleaning and disinfection or for disposal and replacement on the schedule prescribed by your eye care practitioner. Clinical studies have shown that there is an increased incidence of serious adverse reactions in extended wear contact lens users as compared to daily wear contact lens users. Studies have also shown that the risk of serious adverse reactions increases the longer extended wear lenses are worn before removal for cleaning and disinfection or for disposal and replacement. Studies have also shown that smokers have a higher incidence of adverse reactions. If you experience eye discomfort, excessive tearing, vision changes or redness of the eye, immediately remove your lenses and promptly contact your eye care practitioner. It is recommended that you see your eye care practitioner regularly, to assure the continued health of your eyes.

Rub and Rinse Time:

- Place at least 3 drops of Biotrue Hydration Plus Multi-Purpose Solution on each side of lens surface and gently rub for 20 seconds.
- Rinse each side of the lens for 5 seconds with solution.

WARNINGS:

- Follow the complete recommended lens rubbing and rinsing times in the product labeling to adequately disinfect your lenses and reduce the risk of contact lens contamination. Reduced rubbing or rinsing time may not adequately clean your lenses.
- Never use water, saline solution or rewetting drops to disinfect your lenses. These solutions will not disinfect your lenses. Not

using the recommended disinfectant can lead to severe infection, vision loss or blindness.

Soaking and Storing Your Lenses:

- Fill your lens case with fresh solution every time you store your lenses, and never "top-off" or re-use solution. Discard your solution immediately after your lenses have been removed from the lens case.
- Do not expose, store your lenses in, or rinse your lens case with any water, such as tap, bottled or distilled, or with any non-sterile solution.

WARNING:

- Failure to discard solution from lens case after each use, "topping-off" solution or use of water to care for your lenses may lead to contamination resulting in eye injury and potential loss of vision.

Lens Case Care:

- Before first use, rinse lens case and caps thoroughly with contact lens disinfecting solution and allow to dry.
- Clean, rinse and air-dry your lens case each time you remove your lenses. To permit excess solution to drain, flip over your lens case while air drying.
- Replace your lens case at least once every 3 months or as directed by your eye care practitioner.
- Contact lens cases can be a source of microbial growth.

WARNING:

- Do not store your lenses or rinse your lens case with water or any non-sterile solution. Only use fresh multi-purpose solution so you do not contaminate your lenses or lens case. Use of non-sterile solution can lead to severe infection, vision loss or blindness.

Discard Date:

- Discard any remaining solution within 90 days after opening.

WARNING:

- Using your multi-purpose solution beyond the discard date could result in contamination of the solution and can lead to severe infection, vision loss or blindness.

Water Activity:

- Do not expose your contact lenses to water while you are wearing them.
- Ask your eye care practitioner for recommendations about wearing your lenses during any activity involving water.

Important Safety Information:

- Always follow the product directions for use. Failure to follow product directions may lead to vision loss.
- Visit your eye care practitioner regularly.
- Always wash and dry hands before handling lenses.
- Do not use tap water, bottled water or saliva with lenses or lens case.
- Only use fresh solution to clean and disinfect contact lenses.
- Saline or rewetting drops will not disinfect your lenses.
- Always replace your solutions, lenses and lens case as directed.
- To avoid contamination, do not touch tip of container to any surface. Replace cap after using.
- Not for use with heat (thermal) disinfection.

Precautions:

- Always discard solution from lens case after each use.
- Keep the bottle tightly closed when not in use.
- Store solution at room temperature.
- Use before the expiration date marked on the carton and bottle.
- Discard any remaining solution within 90 days after opening.
- Keep out of reach of children.

Adverse Reactions (Problems and what to do):

You should be aware the following problems may occur: eyes stinging, burning, itching (irritation), or other eye pain, comfort is less than when lens was first placed on the eye, abnormal feeling of something in the eye (e.g. foreign body, scratched area), excessive watering (tearing) of the eye, unusual eye secretions, redness of the eyes, reduced sharpness of vision (poor visual acuity), blurred vision, rainbows or halos around objects, sensitivity to light (photophobia), or dry eyes.

If you notice any of the above: Immediately remove your lenses.

- If the discomfort or problem stops, look closely at the lens.
- If the lens is in any way damaged, do not put the lens back on your eye. Place the lens in the lens case and contact your eye care practitioner.
- If the lens has dirt, an eyelash or other foreign body on it, or the problem stops, and the lens appears undamaged, thoroughly clean, rinse and disinfect the lens, then reinsert it.

If the problem continues, immediately remove the lens and consult your eye care practitioner.

If any of the above problems occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage.

When you visit your eye care practitioner for the assessment of a potential eye infection, take your lenses, solutions and lens case to your appointment for possible culturing to better establish microorganisms.

Good Lens Care Hygiene:

- Always wash and dry hands before handling lenses.
- Clean, rinse and disinfect your lenses each time you remove them.
- Always handle the same lens first, the right or the left, to avoid mix-ups.
- After use, always empty and rinse the lens case with fresh Biotrue Hydration Plus Multi-Purpose Solution, and allow to air-dry.

How supplied: Biotrue Hydration Plus Multi-Purpose Solution is available for purchase in sterile 2 FL OZ (60 mL), 4 FL OZ (118 mL), and 10 FL OZ (296 mL) plastic bottles. Bottles and cartons are marked with a lot number and expiration date.

If you are not completely satisfied, need to report a complaint, an adverse event, or need additional product information call 1-800-553-5340.

Glossary of symbols located at www.bausch.com/symbols
Biotrue is a trademark of Bausch & Lomb Incorporated or its affiliates.

© 2021 Bausch & Lomb Incorporated or its affiliates

Manufactured by:

Bausch & Lomb Incorporated
1400 North Goodman Street
Rochester, NY 14609 USA